

2020

FirstMedicare Direct

HMO Plus

H6306-011-001

Summary of Benefits

January 1, 2020– December 31, 2020

FirstMedicare Direct HMO Plus is a Medicare Advantage HMO plan with a Medicare contract. Enrollment in the Plan depends on contract renewal.

The benefit information provided does not list every service that we cover or list every limitation or exclusion. To get a complete list of services we cover, please request the “Evidence of Coverage.”

To join **FirstMedicare Direct** HMO Plus, you must be entitled to Medicare Part A, be enrolled in Medicare Part B, and live in our service area. Our service area includes the following counties in North Carolina: **Chatham, Hoke, Lee, Montgomery, Moore, Richmond, and Scotland.**

Except in emergency situations, if you use the providers that are not in our network, we may not pay for these services.

For coverage and costs of Original Medicare, look in your current “**Medicare & You**” handbook. View it online at www.medicare.gov or get a copy by calling 1-800-MEDICARE (1-800-633-4227). TTY users should call 1-877-486-2048.

This document is available in other formats such as Braille or large print.

For more information, please call us at

1-877-279-1732

(TTY users should call 711)

or

visit us at

www.FirstMedicare.com.

FirstMedicare Direct HMO Plus (HMO)

PREMIUM and BENEFITS	H6306-011-001	WHAT YOU SHOULD KNOW
Monthly Plan Premium	YOU PAY \$45	You must continue to pay your Medicare Part B premium.
Part C Deductible	YOU PAY nothing	This plan does not have a medical deductible.
Maximum Out of Pocket	\$5,000 annually	The most you pay for copayments, coinsurance, and other costs of medical services for the year.
*SERVICES WITH A¹ MAY REQUIRE PRIOR AUTHORIZATION *		
Inpatient Hospital Care ¹	YOU PAY \$295 copayment per day for days 1-6 YOU PAY \$0 copayment per day for days 7-90	The copayments for hospital and skilled nursing facility (SNF) benefits are based on benefit periods as defined by Medicare.
Outpatient Hospital Care ● Outpatient Surgery and/or Ambulatory Surgery Center Services ● Other Outpatient Services ● Observation Services	YOU PAY \$250 copayment per visit YOU PAY \$0 copayment per visit YOU PAY \$0 copayment per visit	One copayment applies for bilateral cataract surgery if both performed in the same calendar year.
Doctor Visits ● Primary Care Physician ● Specialist	YOU PAY \$5 copayment per visit YOU PAY \$45 copayment per visit	
Preventive Care Services Annual Physical Exam	YOU PAY \$0 copayment per service YOU PAY \$0 copayment per one annual visit	Includes but not limited to Medicare-covered: glaucoma screening, barium enemas, digital rectal exams, EKG following Welcome Visit.
Emergency Care	YOU PAY \$90 copayment per visit	Copayment waived if admitted within 48 hours.

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Worldwide Emergency Coverage	<p>YOU PAY \$90 copayment per visit</p> <p>YOU PAY \$500 copayment per one-way transportation (ground or air)</p>	<p>Copayment is NOT waived if you are admitted to the hospital.</p> <p>\$10,000 lifetime limit for worldwide emergency coverage, including transportation outside of the United States.</p>
Urgently Needed Services	YOU PAY \$5 copayment per visit	Copayment is NOT waived if you are admitted to the hospital.
Diagnostic Tests, Lab, Therapeutic Radiology Services and X-rays ¹	YOU PAY 20% of the total cost	Such as MRIs, CT scans, outpatient X-rays.
Hearing Services	YOU PAY \$45 copayment per visit	Medicare-covered exams to diagnose and treat hearing and balance issues.
Dental Services ● Medicare-Covered Services	YOU PAY \$45 copayment per annual visit	Medicare-Covered dental services. (this does not include services in connection with care, treatment, filling, removal, or replacement of teeth).
● Preventive Services	YOU PAY \$0 copayment per visit	One oral exam; cleaning & dental x-rays per year.
Vision Services ● Eye Exam, Medicare-covered ● Eye Exam, Diabetic Retinopathy ● Medicare Covered Annual Glaucoma Test ● Post Cataract Surgery Eyewear ● Eye Exam, Routine	<p>YOU PAY \$45 copayment per visit</p> <p>YOU PAY \$5 copayment per visit</p> <p>YOU PAY \$0 copayment per visit</p> <p>YOU PAY 20% of the total cost</p> <p>YOU PAY \$45 copayment per visit</p>	<p>Diagnose and treat diseases and conditions of the eye.</p> <p>One pair of eyeglasses or contact lenses after cataract surgery.</p> <p>Routine Eye Exam annual \$130 limit.</p>

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Outpatient Mental Health Services	YOU PAY \$40 copayment per visit	Group or individual therapy visits.
Inpatient Mental Health Care ¹	YOU PAY \$160 copayment per day for days 1-10 YOU PAY \$0 copayment per day for days 11-90	The copayments for hospital benefits are based on benefit periods as defined by Medicare. Covers up to 190 days in a lifetime in a psychiatric hospital. This limit does not apply to inpatient mental health services provided in a general hospital.
Skilled Nursing Facility (SNF) ¹	YOU PAY \$0 copayment per day for days 1-20 YOU PAY \$178 copayment per day for days 21-100	This plan covers 100 days per cause.
Outpatient Rehabilitation Services	YOU PAY \$30 copayment per visit	Occupational, physical, speech and language therapies.
Ambulance ¹ ●Ground Transportation Service ●Air Transportation Service	YOU PAY \$350 copayment per one-way ground transportation YOU PAY \$500 copayment per one-way air transportation	Authorization required for non-emergency services. Medically necessary Medicare-covered air medical transportation.
Transportation	NOT COVERED	Non-medical transportation is not a covered service.
Medicare Part B Drugs ¹	YOU PAY 20% of the total cost	
Foot Care (Podiatry Services)	YOU PAY \$45 copayment per visit	Foot exams and treatment if you have diabetes-related nerve damage and/or meet certain conditions.
Durable Medical Equipment (DME) ¹	YOU PAY 20% of the total cost	Includes wheelchairs, oxygen, etc.

FirstMedicare Direct HMO Plus (HMO)

PREMIUM and BENEFITS	H6306-011-001	WHAT YOU SHOULD KNOW
Cardiac and Pulmonary Rehabilitation	YOU PAY \$15 copayment per visit	Medicare-covered Cardiac Rehabilitation Services; Medicare-covered Intensive Cardiac Rehabilitation Services; Medicare-covered Pulmonary Rehabilitation Services; Medicare-covered Supervised Exercise Therapy (SET) for Symptomatic Peripheral Artery Disease (PAD) Services.
Chiropractic Care	YOU PAY \$20 copayment per visit	Medicare-covered services only.
Diabetes Supplies and Services		
●Diabetes testing supplies from retail pharmacy	YOU PAY 0% of the total cost	
●Diabetes testing supplies from DME supplier	YOU PAY 20% of the total cost	
●Diabetes self-management training	YOU PAY 0% of the total cost	
●Therapeutic shoes or inserts	YOU PAY 20% of the total cost	Medicare-Covered Diabetic Therapeutic Shoes or Inserts
Dialysis	YOU PAY 20% of the total cost	
Home Health Care	YOU PAY \$0 copayment per visit	
Prosthetic Devices ¹	YOU PAY 20% of the total cost	Braces, artificial limbs, etc.
Fitness Center Membership	YOU PAY \$0 copayment per month	Applies to fitness membership at any FirstHealth Center for Health and Fitness. A member may use another plan approved fitness center and be reimbursed up to \$300 annually for fees. Reimbursements are made on a quarterly basis and will not be paid in advance.

FirstMedicare Direct HMO Plus (HMO)

OUTPATIENT PRESCRIPTION DRUGS

Part D Deductible	YOU PAY nothing	This plan does not have a Part D deductible.
TIERS	RETAIL COST	MAIL ORDER COST
One month (30 day) supply dispensed		
Tier 1 (Preferred Generic Drugs)	YOU PAY \$6 copayment	YOU PAY \$6 copayment
Tier 2 (Generic Drugs)	YOU PAY \$18 copayment	YOU PAY \$18 copayment
Tier 3 (Preferred Brand Drugs)	YOU PAY \$45 copayment	YOU PAY \$45 copayment
Tier 4 (Non-Preferred Drugs)	YOU PAY \$100 copayment	YOU PAY \$100 copayment
Tier 5 (Specialty Drugs)	YOU PAY 33% of the total cost	YOU PAY 33% of the total cost
Tier 6 (Select Care Drugs)	YOU PAY \$6 copayment	YOU PAY \$6 copayment
Long Term (90 day) supply dispensed		
Tier 1 (Preferred Generic Drugs)	YOU PAY \$18 copayment	YOU PAY \$0 copayment
Tier 2 (Generic Drugs)	YOU PAY \$54 copayment	YOU PAY \$45 copayment
Tier 3 (Preferred Brand Drugs)	YOU PAY \$135 copayment	YOU PAY \$112.50 copayment
Tier 4 (Non-Preferred Drugs)	YOU PAY \$300 copayment	YOU PAY \$250 copayment
Tier 5 (Specialty Drugs)	A long term supply is not available in Tier 5.	A long term supply is not available in Tier 5.
Tier 6 (Select Care Drugs)	YOU PAY \$0 copayment	YOU PAY \$0 copayment

FirstMedicare Direct HMO Plus (HMO)

Long-Term Care Pharmacy

TIERS	RETAIL COST	MAIL ORDER COST
Tier 1 (Preferred Generic Drugs)	YOU PAY \$6 copay 31 day supply	
Tier 2 (Generic Drugs)	YOU PAY \$18 copay 31 day supply	
Tier 3 (Preferred Brand Drugs)	YOU PAY \$45 copay 31 day supply	
Tier 4 (Non-Preferred Drugs)	YOU PAY \$100 copay 31 day supply	
Tier 5 (Specialty Drugs)	YOU PAY 33% coinsurance 31 day supply	
Tier 6 (Select Care Drugs)	YOU PAY \$6 copay 31 day supply	
Initial Coverage Limit	\$4,020.00	
Gap Coverage	Coverage through the gap Tier 1: All Drugs Tier 6: All Drugs	

Cost-sharing may change depending when you enter another phase of the Part D benefit. For more information on the phases of drug coverage, please call us or access our Evidence of Coverage, Chapter 6, at our website www.FirstMedicare.com.

Optional Supplemental Benefits

Comprehensive Dental - Premium (Optional Buy-Up Plan)	<p>YOY PAY an additional \$26.00 per month</p> <p>YOU PAY 50% coinsurance of the total cost</p>	<p>Non-routine Services; Restorative; Endodontics; Periodontics; Extractions.</p> <p>(Maximum Annual Plan Benefit Coverage Amount \$1,000)</p>
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This information is not a complete description of benefits. For more information, if you are a member, please call Member Services toll free at 1-844-201- 4957 (TTY users call 711). If you are not a member call us toll free at 1-877-279-1732. From October 1 to March 31, you can call 7 days a week from 8:00 a.m. to 8:00 p.m. Eastern. From April 1 to September 30, you can call Monday through Friday from 8:00 a.m. to 8:00 p.m. Eastern. Or you can visit us at www.FirstMedicare.com.

You can search our plan's provider and pharmacy directories on our website at www.FirstMedicare.com.

We cover Part D drugs. In addition, we cover Part B drugs such as chemotherapy and some drugs administered by your provider. You can see the complete plan formulary (list of Part D prescription drugs) and any restrictions on our website at www.FirstMedicare.com.

More information about your options under Medicare is available through the Medicare publication, "**Medicare and You**". You can get it at the Medicare website (<https://www.medicare.gov>) or by calling 1-800-MEDICARE (1-800-633-4227), 24 hours a day, 7 days a week. TTY users should call 1-877-486-2048.